

# GENERAL SWIMMING INFORMATION AND RULES OF THE POOL

- Members will be asked to leave the pool 5 minutes before the programmed session ends.
- Last entry to the Club is 30 minutes before closing.
- No under 8's may use the pool unless accompanied by a responsible person over the age of 16. There is a maximum ratio of 2 children under 8, to 1 adult in the swimming pool.
- St Mary's School Sports Club offers a locker system free of charge to all members. Pack belongings carefully and lock them securely. In your own interest, please do not bring valuables into the club.
- Please do not leave belongings on the benches, they need to be kept free for others who may wish to use the changing rooms.
- The lockers will be checked each evening before close and any lockers that are still being used will have their contents retained.

- Please inform pool staff of any medical conditions e.g. epilepsy, asthma, heart problems etc.
- Armbands are not available to borrow, however they may be purchased from reception.
- Anyone with a verruca must wear an approved verruca sock (also available to buy at reception).
- All users must produce a membership card and register their attendance at Reception or via the self service kiosk prior to admission.
- St Mary's Calne Sports Club's dress policy asks that any item of clothing worn in the pool should be appropriate, safe and modest.
- St Mary's (Calne) Services Ltd accepts no responsibility for the loss or damage of any belongings or valuables.
- Please note that this timetable is subject to change at anytime.



# SWIMMING POOL PROGRAMME



Monday 16 February  
to Sunday 22 February 2026



## St Mary's Calne Sports Club

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Introduce a friend to St Mary's Calne Sports Club and you'll receive a free month on your membership. Ask at Reception for more information.

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# St Mary's Calne Sports Club

## Swimming Pool Programme

### MONDAY

6.30am	-	7.30am	Member Lanes (AW)
7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Swim (AW)
9.30am	-	10.30am	Member Swim (AW)
10.30am	-	11.30am	<b>Fun &amp; Floats</b>
12.30pm	-	1.30pm	Member Lanes (AW)
1.30pm	-	2.30pm	Member Lanes (AW)
3.30pm	-	4.30pm	<b>Fun &amp; Floats</b>
4.30pm	-	5.30pm	Member Swim (AW)
5.30pm	-	6.30pm	Member Swim (AW)
6.30pm	-	7.15pm	<b>Aqua Fit</b>
7.30pm	-	7.30pm	Member Lanes (AW)
7.30pm	-	8.30pm	<b>Swim Fit (AW)</b>
8.30pm	-	9.30pm	Member Lanes (AW)*

\* Shared session. Member capacity = 8

### WEDNESDAY

6.30am	-	7.30am	Member Lanes (AW)
7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Swim (AW)
9.30am	-	10.30am	Member Swim (AW)
10.30am	-	11.30am	<b>Fun &amp; Floats</b>
12.30pm	-	1.30pm	Member Lanes (AW)
1.30pm	-	2.30pm	Member Lanes (AW)
3.30pm	-	4.30pm	<b>Fun &amp; Floats</b>
4.30pm	-	5.30pm	Member Swim (AW)
5.30pm	-	6.30pm	Member Lanes (AW)
6.30pm	-	7.30pm	Member Lanes (AW)
7.30pm	-	8.30pm	<b>Swim Smart (AW)</b>
8.30pm	-	9.30pm	Member Lanes (AW)*

^ Shared session. Member capacity = 8

### TUESDAY

6.30am	-	7.30am	Member Lanes (AW)
7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Swim (AW)
9.30am	-	10.30am	Member Swim (AW)
10.30am	-	11.30am	<b>Fun &amp; Floats</b>
12.30pm	-	1.30pm	Member Lanes (AW)
1.30pm	-	2.30pm	Member Lanes (AW)
4.30pm	-	5.30pm	Member Swim (AW)
5.30pm	-	6.30pm	Member Swim (AW)
6.30pm	-	7.15pm	<b>Aqua Fit</b>
7.30pm	-	8.30pm	Member Lanes (AW)*
8.30pm	-	9.30pm	Member Lanes (AW)*

^ Shared sessions. Member capacity = 8

### THURSDAY

6.30am	-	7.30am	Member Lanes (AW)
7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Swim (AW)
10.00am	-	10.45am	<b>Aqua Zumba</b>
11.00am	-	12.30pm	Member Swim (AW)
12.30pm	-	1.30pm	Member Lanes (AW)
1.30pm	-	2.30pm	Member Lanes (AW)
4.30pm	-	5.30pm	Member Swim (AW)
5.30pm	-	6.30pm	Member Lanes (AW)
6.30pm	-	7.30pm	Member Lanes (AW)
7.30pm	-	8.30pm	<b>Swim Smart (AW)</b>
8.30pm	-	9.30pm	Member Lanes (AW)*

^ Shared session. Member capacity = 16

### FRIDAY

6.30am	-	7.30am	Member Lanes (AW)
7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Lanes (AW)
9.30am	-	10.30am	Member Swim (AW)
10.30am	-	11.30am	<b>Fun &amp; Floats</b>
11.30am	-	12.30pm	Member Swim (AW)
12.30pm	-	1.30pm	Member Swim (AW)
1.30pm	-	2.30pm	Member Lanes (AW)
4.30pm	-	5.30pm	Member Swim (AW)
5.30pm	-	6.30pm	Member Lanes (AW)
8.30pm	-	9.30pm	Member Lanes (AW)

### SUNDAY

7.30am	-	8.30am	Member Lanes (AW)
8.30am	-	9.30am	Member Lanes (AW)
9.30am	-	10.30am	Member Swim (AW)
10.30am	-	11.30am	<b>Fun &amp; Floats</b>
12.00pm	-	1.00pm	Member Swim (AW)
1.00pm	-	2.00pm	Member Swim (AW)
2.15pm	-	3.15pm	<b>Available for Hire</b>
3.30pm	-	4.30pm	<b>Inflatable/Fun &amp; Floats</b>
5.00pm	-	6.00pm	Member Lanes

### SATURDAY

7.00am	-	8.00am	Member Lanes (AW)
8.00am	-	9.00am	Member Lanes (AW)
9.00am	-	10.00am	Member Swim (AW)
10.00am	-	11.00am	<b>Fun &amp; Floats</b>
11.00am	-	12.00pm	Member Swim (AW)
12.00pm	-	1.00pm	Member Lanes (AW)
1.00pm	-	2.00pm	Member Swim (AW)
2.15pm	-	3.15pm	<b>Available for hire</b>
4.00pm	-	5.00pm	<b>Fun &amp; Floats</b>
5.00pm	-	6.00pm	Member Swim (AW)
6.00pm	-	7.00pm	Member Lanes (AW)

### CUSTOMER INFORMATION

Maximum capacity limits are in place during all swimming sessions. Capacities may vary.

#### MEMBER LANES

The pool will be set up with 6 lanes with slow, medium and fast lanes available. Anti-wave lane ropes may be used during these sessions, indicated by (AW).

#### MEMBER SWIM

Open area for families and 3 lanes available for members who wish to lane swim. Guest fees may apply. Anti-wave lane ropes may be used during these sessions, indicated by (AW).

On occasions, a lane may be used for a private 1:1 lesson in either a Member Lanes or Member Swim session.

*Please follow the swimming pool etiquette in all sessions.*

- Shower cubicles are available. Please pre and post shower in the poolside showers.
- Communal showers are available if required.
- Floats and other equipment are available to borrow, please ask the lifeguard.

- All sessions need to be pre-booked.
- Lockers are available in the changing rooms. They work using a 4-digit code of your choice. Details are in the changing rooms but if you are unsure, please ask at Reception.

*Thank you*