

# GENERAL SWIMMING INFORMATION AND RULES OF THE POOL

- Members will be asked to leave the pool 5 minutes before the programmed session ends.
- Last entry to the Club is 30 minutes before closing.
- No under 8's may use the pool unless accompanied by a responsible person over the age of 16. There is a maximum ratio of 2 children under 8, to 1 adult in the swimming pool.
- St Mary's School Sports Club offers a locker system free of charge to all members. Pack belongings carefully and lock them securely. In your own interest, please do not bring valuables into the club.
- The lockers will be checked each evening before close and any lockers that are still being used will have their contents retained.
- Please inform pool staff of any medical conditions e.g. epilepsy, asthma, heart problems etc.
- Armbands are not available to borrow, however they may be purchased from reception.
- Anyone with a verruca must wear an approved verruca sock (also available to buy at reception).
- All users must produce a membership card and register their attendance at Reception or via the self service kiosk prior to admission.
- St Mary's (Calne) Services Ltd accepts no responsibility for the loss or damage of any belongings or valuables.
- St Mary's Calne Sports Club's dress policy asks that any item of clothing worn in the pool should be appropriate, safe and modest.
- Please note that this timetable is subject to change at anytime.



# SWIMMING POOL PROGRAMME



Monday 6th January  
to Sunday 16th February 2025



## St Mary's Calne Sports Club

63 Curzon Street Calne Wiltshire SN11 0DF

Telephone: 01249 857335

e: [sportsclub@stmaryscalne.org](mailto:sportsclub@stmaryscalne.org) w: [www.smcsports.co.uk](http://www.smcsports.co.uk)



Introduce a friend to St Mary's Calne Sports Club  
and you'll receive a free month on your membership.  
Ask at Reception for more information.



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# St Mary's Calne Sports Club

## SWIMMING POOL PROGRAMME

IN EFFECT FROM

6th JANUARY - 16th FEBRUARY 2025

### MONDAY

6.30am - 7.30am Member Lanes (AW)  
 7.30am - 8.30am Member Lanes (AW)  
 1.30pm - 2.30pm Member Lanes (AW)  
 4.30pm - 5.30pm Member Swim (AW)  
 6.30pm - 7.30pm Member Lanes (AW)  
 7.30pm - 8.30pm **Swim Fit (AW)**  
 8.30pm - 9.30pm Member Lanes (AW)

**DATE FOR YOUR DIARY**  
 Monday 3rd February the 1.30pm  
 to 2.30pm swim will be unavailable.

### TUESDAY

6.30am - 7.30am Member Lanes (AW)  
 7.30am - 9.00am Member Lanes (AW)  
 12.30pm - 1.30pm Member Swim (AW)  
 1.30pm - 2.30pm Member Lanes (AW)  
 6.30pm - 7.15pm **Aqua Fit**  
 7.30pm - 8.30pm Member Lanes (AW)<sup>^</sup>  
 8.30pm - 9.30pm Member Lanes (AW)\*

**DATE FOR YOUR DIARY**  
 Tuesday 28th January the 1.30pm  
 to 2.30pm swim will be unavailable.

<sup>^</sup> Shared session. Member capacity = 8  
 \* Shared session. Member capacity = 12

### WEDNESDAY

6.30am - 7.30am Member Lanes (AW)  
 7.30am - 8.30am Member Lanes (AW)  
 8.30am - 9.15am Member Swim (AW)  
 12.30pm - 1.30pm Member Lanes (AW)  
 4.30pm - 5.30pm Member Swim (AW)  
 6.30pm - 7.30pm Member Lanes (AW)<sup>^</sup>  
 7.30pm - 8.30pm Member Lanes (AW)\*  
 8.30pm - 9.30pm Member Lanes (AW)\*

<sup>^</sup> Shared session. Member capacity = 12  
 \* Shared session. Member capacity = 8

### THURSDAY

6.30am - 7.30am Member Lanes (AW)  
 7.30am - 8.30am Member Lanes (AW)  
 9.00am - 9.45am **Aqua Zumba**  
 10.00am - 11.00am Member Swim  
 12.30pm - 1.30pm Member Lanes (AW)  
 1.30pm - 2.30pm Member Lanes (AW)  
 7.30pm - 8.30pm **Swim Smart (AW)**  
 8.30pm - 9.30pm Member Lanes (AW)<sup>^^</sup>

<sup>^^</sup> Shared session. Member capacity = 12

### FRIDAY

6.30am - 7.30am Member Lanes (AW)  
 7.30am - 8.30am Member Lanes (AW)  
 8.30am - 9.30am Member Lanes<sup>^</sup>  
 9.30am - 10.30am Member Lanes<sup>^</sup>  
 10.30am - 11.30am Member Lanes<sup>^</sup>  
 11.30am - 12.30pm Member Swim (AW)  
 12.30pm - 1.30pm Member Lanes (AW)  
 1.30pm - 2.30pm Member Swim (AW)  
 8.30pm - 9.30pm Member Lanes (AW)

<sup>^</sup> Shared session. Member capacity = 12

### SUNDAY

7.30am - 8.30am Member Lanes (AW)  
 12.00pm - 1.00pm Member Lanes (AW)  
 1.00pm - 2.00pm Member Swim (AW)  
 2.15pm - 3.15pm **Available for Hire**  
 3.30pm - 4.30pm **Inflatable/Fun & Floats**  
 5.00pm - 6.00pm Member Lanes

### SATURDAY

7.00am - 8.00am Member Lanes (AW)  
 12.00pm - 1.00pm Member Lanes (AW)  
 1.00pm - 2.00pm Member Swim (AW)  
 4.00pm - 5.00pm **Fun & Floats**  
 5.00pm - 6.00pm Member Swim (AW)  
 6.00pm - 7.00pm Member Lanes (AW)

### CUSTOMER INFORMATION

Maximum capacity limits are in place during all swimming sessions. Capacities may vary.

#### MEMBER LANES

The pool will be set up with 6 lanes with slow, medium and fast lanes available. Anti-wave lane ropes may be used during these sessions, indicated by (AW).

#### MEMBER SWIM

Open area for families and 3 lanes available for members who wish to lane swim. Guest fees may apply. Anti-wave lane ropes may be used during these sessions, indicated by (AW).

On occasions, a lane may be used for a private 1:1 lesson. Contact Reception for more information.

**Please follow the swimming pool etiquette in all sessions.**

- Shower cubicles are available. Please pre and post shower at home where possible.
- Communal showers are available if required.
- Floats and other equipment are available to borrow, please ask the lifeguard.
- All sessions need to be pre-booked.
- Lockers are available in the changing rooms. They work using a 4-digit code of your choice. Details are in the changing rooms but if you are unsure, please ask at Reception.

*Thank you*